Centre Prices - 7th Sep 2015...

Memberships

Freedom Membership Prices

(from 1st January 2014)

Adult single

- £452 Annual one off payment
- £48 Monthly Direct Debit payments
- £58 Monthly Casual

Adult joint

- £844 Annual one off payment
- £92 Monthly Direct Debit payments
- £112 Monthly Casual

Student/OAP/Disabled

- £398 Annual one off payment
- £43 Monthly Direct Debit payments
- £39.50 Monthly Casual

Off Peak/Student/OAP/Disabled

- £288 Annual one off payment
- £30 Monthly Direct Debit payments
- £39.50 Monthly Casual

Group rate

- £398 Annual one off payment
- £43 Monthly Direct Debit payments

Pre-Teen Freedom

Teen Freedom

• £115 per year

£187 per year

• £15 Monthly Casual

£24 Monthly Casual

Family Child

- £38 Annual one off payment
- £6 Monthly Direct Debit

Administration Fee

- £0 Annual one off payment
- £26 Monthly Direct Debit payments
- N/A Monthly Casual

Direct Debit Freezing Option £5.25

Full details and terms & conditions are available from the Memberships Office.

BodyZone

Body Z one	Freedom	Choice	Non member
Classes (1hr)	FREE	£5.70	£7.20
Classes (3/4hr)	FREE	£4.30	£5.40
Classes (1/2hr)	FREE	£2.90	£3.60
Gentle Exercise classes	FREE	£5.00	£6.70
Life fit sessions	£1.20	£4.00	£5.00
Gym Intro (Group)	FREE	£5.70	£7.20
Indvidual programme	£26.30	£26.30	£29.40
Shared programme	£15.80	£15.80	£16.80
Gym	FREE	£5.70	£7.20
Gym - OAP off peak (Mon-Fri 9.30am-2pm)	N/A	£3.10	N/A
Gym - post LifeFit card	N/A	£4.50	£5.90
Fitness Package (prog+10 gym sessions)	N/A	£73.30	£73.30
Life fit Fitness Package (on referral)	£42.00	£42.00	£42.00
Personal Training (1hr)	£30.90	£36.70	£40.40
Personal Training (1hr x 4 includes £6 discount)	£117.60	£140.80	£155.60
Personal Training (1/2hr)	£20.00	£21.00	£22.00
Personal Training (1/2hr x 4 includes £3 discount)	£60.00	£81.00	£85.00

Locker rental from 4-12 months, from £20-£75 small to large. £10 deposit.

Aquazone

AquaZone	Freedom	Choice	Non member
Adults	FREE	£3.20	£5.00
12.00-14.00 (Mon-Fri)	FREE	£1.80	£5.00
Juniors (Under 16)	FREE	£2.20	£3.00
12.00-14.00 (Mon-Fri)	FREE	£1.80	£3.00
Under 5's swimming	FREE	FREE	FREE
OAP's (Mon-Fri) 8am-12pm	FREE	FREE	£3.00
OAP's (Mon-Fri) 12-14.00	FREE	FREE	£5.00
OAP's (Mon-Fri) 14-22.00	FREE	£3.20	£5.00
OAP's (Sat-Sun)	FREE	£3.20	£5.00
Family Swim (2 adults & 2 children)	N/A	N/A	£12.70

SportsZone

Sports Courts	Freedom	Choice	Non member
Indoor Courts (55 mins)			
Entire sports hall	£139.20	£139.20	£139.20
One third sports hall	£46.40	£46.40	£46.40
Badminton			
Off Peak*	FREE	£10.00	£11.60
Peak	£8.20	£10.00	£11.60
Table Tennis			
Off Peak*	FREE	£4.60	£5.60
Peak	£3.40	£4.60	£5.60
Squash/Racketball (40 mins)			
Off Peak*	FREE	£5.50	£7.40
Peak	£6.70	£8.90	£10.50
Outdoor Courts (60 mins)			
Tennis			
Off Peak*	FREE	£9.20	£10.40
Peak	£7.60	£9.20	£10.40
Netball	£21.20	£21.20	£21.20

